

A RESOLUTION ENDORSING THE APPLICATION FOR
A FIT COMMUNITY 2010-2013 DESIGNATION
Resolution No. 80/2009-10

WHEREAS, the Fit Community initiative was created by the North Carolina Health and Wellness Trust Fund to address growing obesity rates among adults and children in North Carolina, and it focuses on increasing physical activity, promoting healthy eating, and tobacco use cessation; and

WHEREAS, the Town of Carrboro was designated as a Fit Community for 2007-2010 in part due to its bicycle and sidewalk network, residents' access to parks, amount of recreational programs offered, and healthy food options such as the Farmer's Market; and

WHEREAS, the Orange County Partnership for Young Children has received support from the Fit Community program to encourage healthy eating and physical activity by growing community gardens in Carrboro; and

WHEREAS, a re-designation would help to affirm a local commitment to improving community health through healthy lifestyles and build on local efforts that contributed to the Town's current Fit Community designation; and

WHEREAS, a re-designation for 2010-2013 would enable the Town to achieve one of the Fit Community program's new tiers – bronze, silver, gold, or platinum – and a designation application is necessary to apply for a Fit Community 2010 grant;

NOW, THEREFORE BE IT RESOLVED by the Carrboro Board of Aldermen that the Board of Aldermen supports the Town's application for a Fit Community designation for 2010-2013 and directs staff to apply for a Fit Community 2010 grant to support a local project that addresses one of the Fit Community program's focus areas.